

Acta Botanica Brasilica - 30(2): 222-231. April-June 2016. ©2016 doi: 10.1590/0102-33062015abb0334

The necessity of management in a lake of the Atlantic Forest biodiversity hotspot: nitrogen levels connected to a persistent bloom of Cylindrospermopsis raciborskii

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Received: December 23, 2015 Accepted: March 17, 2016

ABSTRACT

Conservational studies of the threatened Atlantic Forest biome are frequently restricted to terrestrial ecosystems. We know little about the water bodies, specially considering that this biome covers the third largest system of lakes in Brazil. Some of these lakes are located inside the protected "Rio Doce State Park", but many others are found outside this reserve. These external lakes are seldom studied, but understanding their response to human activities is essential for the conservation and the protection of the lakes inside the Park. We evaluated the effects of degradation in a lake outside the Park, which shows a constant bloom of the toxic invasive cyanobacteria Cylindrospermopsis raciborskii. Phytoplankton, climate and physico-chemical variables were assessed from 2011 to 2013 to evaluate which were the major determinants of the lake dynamics. Despite the seasonal changes, the lake was always eutrophic, and cyanobacteria, transparency and nutrients were the major indicators of water characteristics. The lake seems to be nitrogen-limited and cyanobacteria were negatively correlated with nitrogen levels, since the constantly dominant C. raciborskii is a superior competitor for N. We suggest that the monitoring of nitrogen levels is fundamental to establish management strategies to avoid harmful algae blooms in this Atlantic Forest lake.

Keywords: Cylindrospermopsis raciborskii, invasive species, lake conservation, phytoplankton, water deterioration

Introduction

The Atlantic Forest was one of the largest rainforests of the Americas, with an area of about 150 million ha, but it was reduced to fragments that cover only 11.4 to 16% of its original area (Ranta et al. 1998; Ribeiro et al. 2009). Due to its high species diversity, endemisms, and because it is threatened by strong anthropogenic pressure, this biome is considered the fourth most important hotspot for biodiversity (Myers et al. 2000). This shows the need of more studies to improve the comprehension of its functioning, which is fundamental for future management and conservation programs. At present, most research developed for the conservation of Atlantic Forest is centered on land environments and terrestrial species, with proportionally far fewer studies on the aquatic ecossystems (Yoshida & Uieda 2014). Since waterbodies can be affected by events occurring in different parts of the watershed, we could expect that the degradation in the surrounding land would lead to changes in the aquatic ecosystems, which may also be at serious risk. Among the aquatic ecosystems of the Atlantic Forest, there is an complex of ca. 250 lakes located

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in the middle Rio Doce basin (Barros *et al.* 2013), which is the third largest system of lakes in Brazil. Only about 50 lakes are located in an environmental reserve, the "Rio Doce State Park", an important conservation area that was included in the Ramsar list for conservation and sustainable utilization of wetlands, based on its ecological, economic, scientific, cultural and recreational value (Ramsar 2010). Lakes within the park have been studied since the 1970s, mostly focusing on two lakes, Dom Helvécio and Carioca (Henry & Barbosa 1989; Bezerra-Neto & Pinto-Coelho 2008; Barros et al. 2013). Several other lakes are also found in private areas outside the park, where the natural forest was cleared to make way to *Eucalyptus* plantations and pastures (Barros et al. 2013). These systems are poorly studied, although their preservation is as important as the preservation of the lakes inside the Park, since they are strongly connected, increasing the local impact to a regional dimension (Latini & Petrere 2004). Because they are often used as recreational areas, the maintenance of their ecological integrity would provide an environment with suitable water quality.

Considering the threats to biological diversity in aquatic ecosystems, phytoplankton responses are useful to evaluate some aspects of the environmental degradation (Cairns et al. 1993). Phytoplankton is very sensitive to the impacts on aquatic ecosystems (Huertas *et al.* 2011) and nutrient (mainly N and P) enrichment generally results in its massive growth (Elser et al. 1990; Yang et al. 2008). Other common response to eutrophication is the change in the community structure by the selection of certain morphological or physiological types (Vinebrooke *et al.* 2004). The result is often the dominance of species or groups favored by these modified environmental conditions, such as mixotrophic flagellates and cyanobacteria (Watson et al. 1997; Giani et al. 2005; Soares et al. 2013). Cyanobacteria, or blue-green algae, can be especially dangerous due to their potential toxicity to humans and animals (Carmichael et al. 2001). Although it is not a common feature in microrganisms, some phytoplankton species are considered invaders, such as the potentially toxic cyanobacteria Cylindrospermopsis raciborskii (Padisák 1997). This species occurs in lakes of the Rio Doce region, with moderate densities in Dom Helvécio Lake (Souza et al. 2008), but producing blooms in some waterbodies outside the protected area of the park. In the Pedalinhos lake, for example, C. raciborskii appears to bloom according to the availability of nutrients, especially nitrogen (Figueredo et al. 2014).

Although the relationship between phytoplankton and nutrients is relatively well known (Smith 2003), it is not completely understood the exact role of P and N in the changes observed during the eutrophication process (Elser *et al.* 1990), particularly in the tropics and subtropics (Yang *et al.* 2008; Xu *et al.* 2010). The statement that phytoplankton responses would be more previsible in consequence of changes in P levels was the basis for the idea that controlling P concentrations should be the best strategy to restore water quality, what was named by Sterner (2008) as the "phosphorus limitation paradigma". However, even if P is often considered more limitant in freshwater, there are studies showing that both nutrients are important for the environment functioning (Elser *et al.* 1990; Dzialowski *et al.* 2005).

Here, we examined the Marola Lake, a natural lentic water body that belongs to the Rio Doce lake system, but it is located outside the preserved area of the State Park. This lake presented high cyanobacteria densities in the last years (Veloso et al. 2011), but the major causes of these events are not yet well known. Furthermore, there is still limited knowledge about the phytoplankton community of this lake and many other lakes situated outside the Park. Our hypothesis was that the climatic oscillation in the region may be controlling the seasonality of the water quality, with changes in N and P levels and consequent modification in the phytoplankton total biomass and structure. We were also expecting that nitrogen would play an important role as a limitant nutrient in the water, since it is commonly scarce in the soil of this biome (Groppo et al. 2015) and no waste is released into this lake.

Materials and Methods

Our study was performed in Marola Lake (19°18'52".15 S and 42°24'20".86 W), a natural water body situated in the middle Rio Doce basin, in Southeastern Brazil, belonging to a system of around 150 lakes located just a few kilometers apart from each other (Fig. 1). It has a surface area of 36.9 ha and 4.2 m of maximum depth. In the watershed area around Marola Lake (302.3 ha), the original Atlantic Forest was replaced by secondary forest (83.73 ha) and Eucalyptus L'Heritier plantations (153.38 ha). Currently, only 60% of the Eucalyptus cover is being used for cellulose production, and the rest is left untouched. The altitude is of about 230 m and the climate is tropical wet and dry or Aw, according to the Köppen climate classification. The average temperature is 22 °C and average annual rainfall is 1778 mm (Tavares et al. 2007). There is a striking seasonality with a dry season lasting from May to September and a rainy season from October to April. The climate affects the water column stability and the lakes of the region are characterized by mixing during the dry/colder months and stratification during warm/rainy season (Tundisi 1997). Marola Lake is located in a private area and has been used for recreational purposes, but the increasing eutrophication worsened the water conditions that show now high concentration of nutrients and chlorophyll a and high densities of cyanobacteria (Veloso et al. 2011).

In this study, water samples were taken monthly from June 2011 to April 2013. Considering the small dimension of Marola Lake, only one sampling point was chosen (Fig. 1) as representative of the lake. The local depth was about

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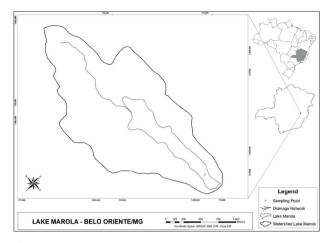


Figure 1. Sampling point and geographic location of Marola Lake.

3 m, and sampling consisted of an integration of samples taken at the surface and Secchi depth, both obtained with a Van Dorn bottle. The samples were processed in the laboratory, as explained hereafter. An aliquote of the water sample was preserved with Lugol's iodine solution for posterior phytoplankton quantification using an inverted microscope, according to the Utermöhl technique (1958). For phytoplankton, sampling was performed bimonthly up to the end of 2011, becoming monthly after February 2012. Species biovolumes were estimated from cell numbers and mean cell volumes, calculated according to Sun & Liu (2003).

In situ values of conductivity, dissolved oxygen (DO), pH, temperature, and total dissolved solids were measured with a Hanna[®] 9828 multiparameter probe. Samples were immediately brought to the laboratory, where aliquots of raw water were frozen for total phosphorus (total-P) and nitrogen (total-N) analyses. A sub-sample was filtered through GF-5 glass fiber filters (Macherey-Nalgen®) for chlorophyll *a* analysis, done by acetone extraction according to APHA (2005). The filtered water was used for the determination of soluble reactive phosphorus (SRP), ammonium (NH_4^+) , nitrite (NO_2) , and nitrate (NO_3) concentrations. Total suspended solids (TSS) were measured on the particulate material retained in a GF-3 glass fiber filters (Macherey-Nalgen), using gravimetric method. Determinations of volatile and fixed fractions were performed by igniting the sample at 550 °C (APHA 2005). The filtrates and filters were kept frozen until analysis. SRP and turbidity were evaluated in the sampling day, using filtrate and raw water samples, respectively. These analyses were performed spectrophotometrically using the Spectroquant Merck® method. Colorimetric methods were employed for nutrients after some preparation using the Spectroquant Merck® or according to standardized methods by APHA (2005). In synthesis, concentrations of NH_4^+ were measured by the phenate method, while total-N was oxidized to NO₃⁻ that was converted to NO_2^{-1} by cadmium reduction method or directly measured after a reaction with benzoic acid or 2,6 dimethylphenol. Total-N digestion was performed by persulfate, and total-P digestion by sulfuric acid/nitric acid. After the analyses, molar total-N:total-P and DIN:total-P ratios were calculated to evaluate nutrients availability. Rainfall data were provided as monthly means by CENIBRA S.A. meteorological station (Belo Oriente City), located at ca. 1.5 km from Marola Lake.

Before performing the statistical analyses, the data pool was tested for normality using Shapiro-Wilk test and for homoscedasticity using Brown-Forsythe test. Since data did not show normality nor homoscedasticity, they were log10transformed before running the parametric analyses under a similar scale. To extract the main tendencies between environmental variables and phytoplankton, and also in order to verify the existence of seasonal differences in the dataset, a principal component analysis (PCA) was performed using the PAST Software (Hammer et al. 2001). The major variables describing the variability of data pool were identified and selected for further statistical analyses. Hence, the connections among biological, physical, and chemical variables were evaluated by Pearson correlation analysis, generating a correlation matrix calculated for 10 variables (n = 19 observations for each variable). For the correlation analyses involving phytoplankton biomass, we selected biovolume over chlorophyll, since the two variables were highly correlated, but the biovolume allowed the description of trends for the major taxonomic groups.

Results

Table 1 synthesizes the water condition during the study period. The data showed that Marola Lake is currently eutrophic, with high mean concentrations of N, P and chlorophyll a. Water temperature was always high. Water transparency was generally low and dissolved oxygen was generally abundant, but concentrations as low as 4.4 mg. L⁻¹ were sometimes observed. Phosphorus availability was mainly estimated by total phosphorus concentrations, since SRP was not detected in the majority of samples, except in two cases, when concentrations of 13 and 23 µg . L⁻¹ were respectively recorded in May and November 2012. Dissolved nitrogen forms showed very large variation range, with no detectable levels being frequently registered.

Rainfall and water temperature exhibited the typical pattern for the region, with rains concentrated in the warm period of spring and summer and the dry period occurring during autumn and winter, characterized by lower temperatures (Fig. 2). Although water temperature showed oscillations, it was always high, with values between 22 °C and 30 °C. The rainfall covered a very wide range, varying from 0 mm in June/July to more than 300 mm in December 2011. Due to this marked variation, the rainfall data were not included in PCA as a numeric variable, but they were used to separate samples in two groups, one containing samples from rainy and other from dry months.

Table 1. Physical, chemical and biological (chlorophyll *a*) variables in Marola Lake. The variation range shows minimum and maximum values. Mean values and standard deviation are also presented. (DO = dissolved oxygen, SRP = soluble reactive phosphorus, NH_4^+ = ammonium concentration, $NO_2^- + NO_3^-$ = sum of the concentrations of nitrite and nitrate).

	Variation range	Mean (±Standard Deviation)
Temperature (°C)	22.0-30.7	26.7 (2.7)
Secchi depth (m)	0.25-0.80	0.43 (0.17)
DO (mg . L ⁻¹)	4.4-11.9	7.2 (2.3)
Alkalinity (mEq . L ⁻¹)	14.6-22.8	18.4 (1.9)
pH	6.3-8.8	7.3 (0.6)
Total suspended solids (mg . L ⁻¹)	3.0-37.8	20.0 (9.7)
SRP (µg . L ⁻¹)	0-23	1.8 (5.9)
Total-P (µg . L ⁻¹)	12-150	55.6 (54.4)
NH ₄ ⁺ (μg . L ⁻¹)	0-720	237.4 (216.1)
NO ₂ ⁻ + NO ₃ ⁻ (μg . L ⁻¹)	0-410	75.9 (109)
Total-N (µg . L-1)	742-2478	1533.1 (414.5)
Chlorophyll a (µg . L ⁻¹)	2-57.4	21.7 (18.2)

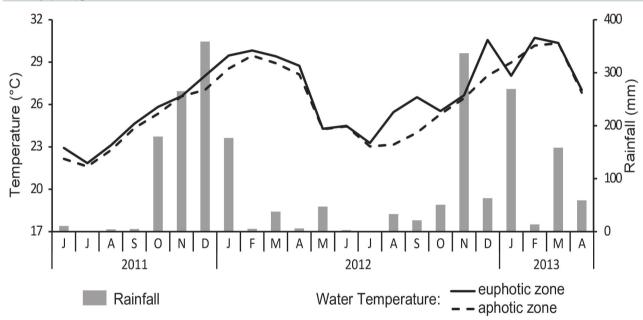


Figure 2. Temporal variation of rainfall and water temperature in the Marola Lake along the studied period.

This strategy allowed identifying particularities related to seasonality of physical, chemical and biological variables. The seasonality of water conditions was evident since the principal component analysis resulted in two groups of points, in which samples obtained during the dry season separated from those of the rainy season (Fig. 3) mainly in relation to the factor 2. The PCA also showed that chlorophyll *a* (representing the phytoplankton biomass), water transparency and nutrient concentrations, mainly dissolved N and total-P, were the 'master variables' driving the changes in water characteristics and they represented about 85% of the total variability in Marola Lake. The first axis explained 56.6% of the total variability and it was strongly correlated with NH_4^+ and, to a lesser extent, with chlorophyll-a and Secchi depth. The second axis accounted for 28.0% of the total variability and it was correlated to the other inorganic N sources ($NO_2^{-} + NO_3^{-}$) and total-P (Fig. 3). Since transparency, nutrients and phytoplankton (all connected with water trophy) were the major variables describing Marola Lake we have focused on the relations between them to identify the conditions promoting the massive phytoplankton growth observed along the last years. Thus, further analyses were performed considering temporal aspects to allow the evaluation of seasonality. SRP measurements were not considered for statistical analyses, because the concentrations were frequently below the detection limit of the method (<10 μ g . L⁻¹).

Chlorophyll-*a* and phytoplankton biovolume were highly correlated (r = 0.78, P<0.01) (Fig. 4), and the variation of phytoplankton biomass during the study period was characterized by no clear seasonal trend. Very high biovolume values (reaching 100 mm³. L⁻¹) were recorded during the warmer and rainy season at the end of 2012. The temporal changes of the phytoplankton biovolume were almost totally shaped by the cyanobacteria. This fact was especially related to *Cylindrospermopsis raciborskii*, the dominant species in

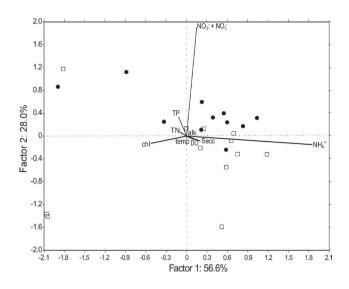


Figure 3. PCA ordination for the environmental variables on the main factor-plane for Marola Lake. Filled circles represent months of the dry season, while open squares represent months of the rainy season. (DO = dissolved oxygen, Secc = Secchi transparency, temp = water temperature, TP = total-P, TN = total-N, alk = alkalinity, chl = chlorophyll a concentration, NH_4^+ = ammonium concentration, $NO_2^- + NO_3^-$ = sum of the concentrations of nitrite and nitrate).

the majority of the samples (Fig. 4). Pearson correlation analysis showed a very high coefficient (r = 0.97, P<0.001) between this species and total phytoplankton biovolume. Heterocysts were recorded just once (August 2012) and at very low frequency (in 2.2% of the trichomes).

The evaluation of correlations between phytoplankton biovolume and the major physico-chemical variables (according to the PCA) was an attempt to identify factors governing phytoplankton growth in Marola Lake. Total-P exhibited clear seasonality, with higher concentrations in the dry season and it was not clearly related to phytoplankton (Fig. 5A), since Pearson correlation was not significant (r = 0.194, P = 0.43). The sum of nitrite and nitrate had a less clear seasonal pattern, but higher values were also generally observed in dry season (Fig. 5B). These nitrogen sources were also not correlated with phytoplankton biovolume (r = 0.09, P = 0.72), since the highest biovolume values were observed for both high and low $NO_2^- + NO_3^-$ concentrations (Fig. 5B). Ammonium had no seasonal tendency, but it was highly correlated to phytoplankton biovolume, showing a significant inverse correlation (r = -0.83, P < 0.001) (Fig. 5C). A significant inverse correlation was also observed between phytoplankton and Secchi depth (r = -0.82, P < 0.001) (Fig. 5D). Even with some temporal variation in nutrients availability, with higher N:P ratios at the end of rainy season and beginning of dry season, TN:TP and DIN:TP ratios (often lowest than 30 and 3, respectively) were always lower than the levels established by Ferber et al. (2004, see discussion for details) (Fig. 6). Phytoplankton biovolume and the most abundant species, C. raciborskii, showed significant (P < 0.01) correlations with DIN:TP, but not significant (P > 0.19) with TN:TP ratios (Tab. 2), or with absolute concentrations of Total-P (P > 0.3 for both correlations).

Discussion

Marola Lake proved to be a very dynamic system, with intense temporal changes highlighted by high standard deviation, low minimum and very high maximum values often recorded for TSS, SRP, total-P, dissolved nitrogen sources and chlorophyll *a*. Such wide variations in water quality are common in small water bodies, due to their little volumetric buffer capacity and proportionally high perimeter (Read & Rose 2013), making these environments more sensitive to disturbances that may be occurring in the

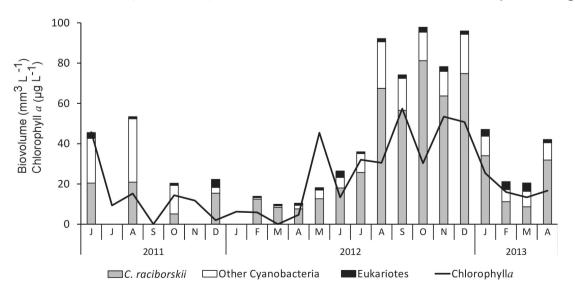


Figure 4. Temporal variation of phytoplankton biovolume and chlorophyll a concentrations along the studied period.

Table 2. Pearson correlation matrix for data of p	phytoplankton and N:P ratios. (DI	N = dissolved inorganic nitrogen).

	r coefficient	P-value
DIN:total-P x total biovolume	-0.61 *	0.006
DIN:total-P x <i>C. raciborskii</i>	-0.60 *	0.007
Total-N:total-P x total biovolume	-0.30	0.198
Total N:total-P x <i>C. raciborskii</i>	-0.24	0.326

(*) significant correlation (P < 0.05)

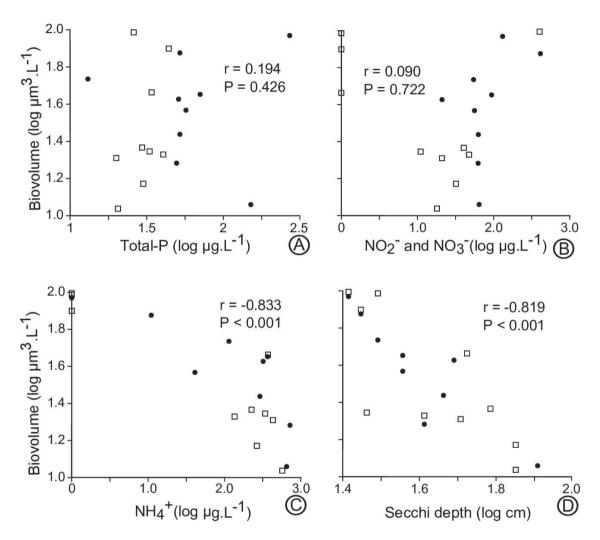


Figure 5. Correlations between phytoplankton biovolume and the major physico-chemical variables (A = Total-P, B = $NO_3^- + NO_2^-$, C = NH_4^+ and D = Secchi depth) pointed by the PCA analysis. Filled circles represent months of the dry season, while open squares represent months of the rainy season.

surroundings (Anderson 2014). The prompt responses allow the rapid detection of changes or impacts happening in the watersheds and could be helpful to understand the effects of land use, providing supporting data for the conservation of endangered environments, such as biodiversity hotspots (Boëchat *et al.* 2011). The water quality in Marola Lake was connected to climate events, which was observed in the PCA ordination that clearly separated dry and rainy seasons. Other lentic water bodies in the same region showed similar tendencies and pointed to rain as the major climatic force driving changes in their water quality (e.g. Barros *et al.* 2006; Figueredo *et al.* 2014), since rains may be sufficiently intense in the tropics to cause dilution of many ions and nutrients in the water (Figueredo & Giani 2001). For Marola Lake, climate clearly affected total-P and $NO_2^- + NO_3^-$ concentration, which lower values were recorded in the rainy season. However, the other variables did not exhibit cyclic seasonality.

A more interesting result of the PCA was the identification of variables that summarize the water

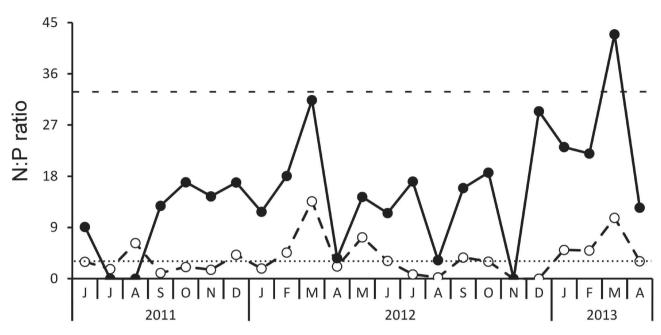


Figure 6. Temporal variation of DIN:TP (open circles) and TN:TP (closed circles) ratios along the studied period. The limitant levels of DIN:TP (3) and TN:TP (33) ratios suggested by Ferber *et al.* (2004) are also represented by the horizontal lines.

condition. Since nutrients, phytoplankton (measured as chlorophyll concentration) and transparency were in evidence, trophy was the major factor describing variability. Even presenting wide oscillations, the high maximum and mean concentrations of total-P and chlorophyll a, and the low values of Secchi depth proved that this lake is eutrophic (see classification systems established by OECD 1982; Lamparelli 2004; Huszar et al. 2006). Regarding temporal variations, some of the major variables pointed by the PCA were significantly correlated to phytoplankton, and helped explaining the observed trends. The strong negative correlation between phytoplankton and water transparency is more obvious and generally explained by the high phytoplankton biomass causing an increase in turbidity (Branco & Senna 1996; Figueredo et al. 2014). Independent of the causes of a low turbidity, its consequence is a favorable condition for the dominant Cylindrospermopsis raciborskii, which has a competitive advantage by growing efficiently under shadow conditions (Bouvy et al. 1999; Kokocinski & Soininen 2012). This dominance is a problem since this species is considered invasive in many ecosystems (Padisák 1997) and the South-American strains can produce potent neurotoxins (Lagos et al. 1999; Neilan et al. 2003; Piccini et al. 2011). Cylindrospermopsis raciborskii blooms reported in Marola Lake are another evidence of its eutrophic condition, once cyanobacteria blooms generally occur parallel to nutrient enrichment (Watson et al. 1997). Due to the water quality deterioration resulting from cyanobacteria growth, freshwater researchers and managers are trying to identify their major causes (Giani et al. 2005; Wagner & Adrian 2009) and this became part of our goal in this study.

Several authors have pointed to the limitation of certain

resources (N, P, CO, and light) as the major factors related to cyanobacterial blooms due to their competitive superiority (Scheffer et al. 1997; Mischke 2003). Blomqvist et al. (1994) suggested that interactions could be more specific and hypothesized that not only the total-N availability, but its different forms would define the dominant group in the phytoplankton community, which was reinforced by Ferber et al. (2004). These authors predicted dominance by eukaryotes when NO_3^- is the major N source, and cyanobacteria dominance would be strongly connected to NH_4^+ availability, since this phylum seems to be able to grow faster in this nitrogen source (e.g. Herrero et al. 2001; Rückert & Giani 2004). As observed in Marola Lake, other studies have demonstrated that NH₄⁺ may be the major DIN source in some eutrophic ecosystems (e.g. Axler et al. 1981; Fisher et al. 1988; Ferber et al. 2004), and increasing NH₄+ concentrations could favor some cyanobacteria species in deteriorated systems. However, not all cyanobacteria show the same response to N availability. Cylindrospermopsis raciborskii, for example, is a species that seems to show a competitive advantage under lack of nitrogen sources, mainly NH⁺ (Padisák 1997; Figueredo *et al.* 2014). It can fix atmospheric nitrogen and can even be a superior competitor for ammonium and this could be the causes of the negative connection between this species and ammonium availability (Padisák 1997), as observed in Marola Lake.

Trying to understand the conditions favoring massive development of *C. raciborskii* is fundamental for the management and conservation of water bodies apparently invaded by this species. Cyanobacteria are often controlled by temperature, producing blooms in the warmest seasons (Bouvy *et al.* 1999; McGregor & Fabbro 2000; Figueredo

& Giani 2001; Gomes *et al.* 2012). The relatively stable temperature in the optimum range (above 22°C) for cyanobacteria (Soares *et al.* 2013; Chen 2015) must have contributed to the constant *C. raciborskii* dominance, as noted by Figueredo & Giani (2009) in Lagoa Santa, Brazil. Hence, it is possible that additional environmental factors could better explain the fluctuations observed in its biomass.

Nutrients (mainly N and P) are generally very important to determine phytoplankton dynamics and tendencies. The constantly undetectable (< 10 μ g .L⁻¹) SRP levels, even during periods of high TP concentrations, is probably a consequence of the fast SRP assimilation by the biological community (Dodds 2003). Thus, TP was the unique variable used to describe P availability in Marola Lake. However, the absolute concentration of nutrients, discussed in the text above, are not always sufficient to explain the structure and dynamics of the phytoplankton community. Therefore, the Nitrogen:Phosphorus ratio is often used for this purpose, even though units (p. ex. TN:TP, DIN:TP) are frequently different, depending on authors and studies.

When considering the TN:TP ratios, Marola Lake appears to be almost constantly limited by N since values were lower than 29 (Smith 1983) or 33 (see the study of Ferber et al. 2004, based on Morris & Lewis 1988), which are considered important limits determining changes in phytoplankton structure. The relative lack of nitrogen could be favoring the stable dominance of C. raciborskii, considered a superior competitor for N (Padisák 1997; Kokocinski & Soininen 2012; Figueredo et al. 2014). The influence of nutrients in C. raciborskii dynamics was even more evident when considering the oscillations of DIN:TP, which showed alternated periods of N limitation with others with N sufficient conditions. This temporal variation allowed the identification of significant correlations between cyanobacteria and nutrient availability. Although there was no significant correlation between absolute TP values and C. raciborskii biovolume, the temporal variation of this species was connected with nutrients ratios. DIN:TP ratios showed a significant negative correlation with C. raciborskii biovolume, which became more abundant when DIN:TP ratios were under the limiting level (ratio = 3), established by Ferber *et al.* (2004). The lack of DIN can limit the development of eukaryotic phytoplankton and cyanobacteria gain dominance by presenting superior competitiveness for N, even beyond N₂ fixation (Ferber et al. 2004). These authors observed dominance of N-fixers even during periods of low N₂ fixation and concluded that fixation is a mechanism allowing them to outcompete other phytoplankton species, but it is probably not the only one.

According to Marotta *et al.* (2012), the natural lakes in the Atlantic Forest are especially sensitive to degradation. In Marola Lake, we detected important changes in physical, chemical and phytoplankton data. Since lakes are located in the lower lands of the watersheds, they are very sensitive to human impacts occurring in the upper regions. Consequently, they also must be taken into account, when planning for biodiversity conservation in the Atlantic Forest remnants. Considering the intense degradation of the tropical Atlantic Forest and the lack of knowledge about the natural water bodies of this biome, this study can contribute to the identification and understanding of the vulnerability of these ecosystems to anthropic influences. The Marola Lake was characterized by eutrophic conditions, and phytoplankton is growing here under a low N:P ratio, which is one potential cause of the persistent bloom of an invasive cyanobacteria (C. raciborskii), in general considered a superior N competitor (Padisák 1997). Since this species can be toxic, Marola Lake is not adequate for many uses nowadays. It is probable that the P input into Marola Lake could result from several human activities in watershed, including fertilization. In addition, it is also possible that the low N:P ratio in the water is a consequence of the low N availability in the Atlantic Forest soil, a condition that is even more evident in the areas submitted to human impacts (Groppo et al. 2015). This fact could highlight that degradation could drive other lentic systems in the Atlantic Forest to these blooms occurrence, which could be very deleterious for the water quality. Besides the fact that these blooms are a risk for many species, they could be even more critical when affecting water bodies used for recreational purposes, such as Marola Lake. Along with the more common attention paid to the P dynamics, N availability should be considered for the management of this lake and possibly for other lakes in the same region.

Acknowledgements

We acknowledge the Celulose Nipo-Brasileira S.A. (CENIBRA) for providing the permission and support during the study in Marola Lake. We also thank Dimitri von Rückert for linguistic corrections. We are grateful to the logistical and financial support granted by Centro Universitário do Leste de Minas Gerais (UNILESTE), CENIBRA and Fundação Geraldo Pelingeiro Abreu (FPGA).

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