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ESCOLA DE ENGENHARIA
DEPARTAMENTO DE ENGENHARIA DE ESTRUTURAS
CURSO DE ESPECIALIZAÇÃO EM ESTRUTURAS

**FLECHAS PARA DIFERENTES MESAS COLABORANTES
NUMA LAJE NERVURADA**

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1 – INTRODUÇÃO

A IDEIA DE ESCOLHER O TEMA SURTIU DEVIDO A GRANDE UTILIZAÇÃO DE LAJES NERVURADAS NA ATUALIDADE.
COM ESSE TRABALHO APRESENTAMOS 7 ESTUDOS PARA AJUDAR NA ESCOLHA DA ALTURA DA LAJE QUE MELHOR ATENDE A FLECHA.

2 – OBJETIVO

ESTE TRABALHO VISA DEMONSTRAR AS DEFORMAÇÕES PARA UMA LAJE NERVURADA ARMADA NUMA SÓ DIREÇÃO, COM DIFERENTES MESAS E COM VIGAS FAIXAS.

3 - DESENVOLVIMENTO - CALCULO MANUAL:

DADOS:

DIMENSOES DA LAJE: 800x3500 cm , VER PLANTA.

EDIFICIO COMERCIAL $\Psi_2 = 0,4$ CARGAS ACIDENTAIS

$$f_{ck} = 30,0 \text{ MPa}$$

E_{cs} = MODULO DE ELASTICIDADE SECANTE DO CONCRETO

$$E_{cs} = \alpha_i E_{ci}$$

$$\alpha_i = 0,8 + 0,2 \frac{f_{ck}}{80} \leq 1,0$$

$$\alpha_i = 0,8 + 0,2 \frac{30}{80} \leq 1,0$$
$$0,87 \leq 1,0$$

NBR:6118

ITENS:8.2.8

$$E_{ci} = \alpha_e 5600 \sqrt{f_{ck}} \quad p/ \quad f_{ck} \leq 50 \text{ MPa}$$

$$E_{ci} = 1,0 \times 5600 \sqrt{30}$$

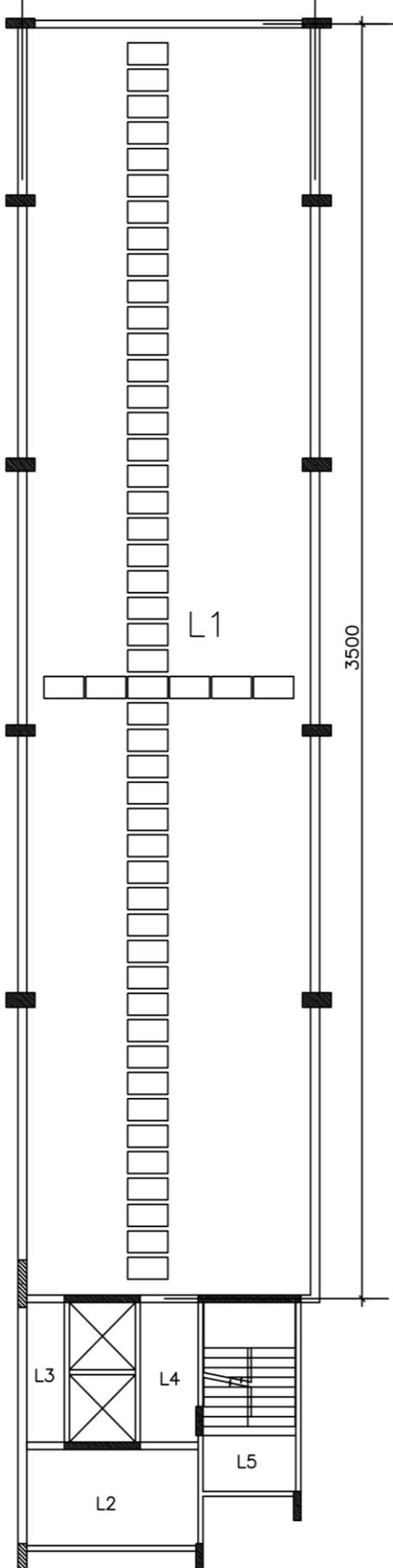
$$E_{ci} = 30672 \text{ MPa}$$

$$E_{cs} = 0,87 \times 30672 = 26685 \text{ MPa} = 2668 \text{ KN/m}^2$$

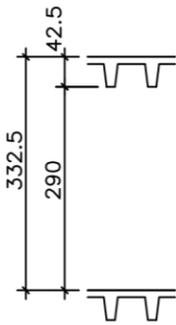
$$f_c = 0,85 \frac{f_{ck}}{1,4} = 0,85 \frac{30}{1,4} = 18,21 \text{ MPa}$$

$$f_c = 1,821 \text{ KN/cm}^2$$

LAJE TIPO
MOLDE ATEX 600U



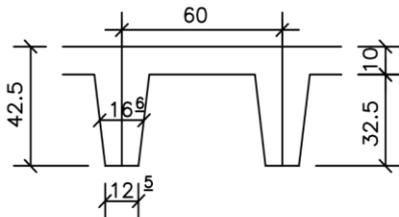
ELEVAÇÃO



3 – DESENVOLVIMENTO

1a. SOLUÇÃO

FORMA ATEX 600U – ALTURA DA FORMA = 32,5 cm
 ESPESSURA DA MESA = 10 cm



p.p.	5,23 KN/m ²
REV	1,00 KN/m ²
PAREDES	1,30 KN/m ²
g	= 7,53 KN/m ²
q	= 2,00 KN/m ²
g+q	= 9,53 KN/m ²

ALTURA UTIL:

$$d = 42,5 - 4 = 38,5 \text{ cm}$$

$$\text{VAO } l = 800 \text{ cm}$$

MOMENTO:

$$M_g = \frac{7,53 \times 8,00^2}{8} = 60,24 \text{ KNm} = 6024 \text{ KNcm}$$

$$M_q = \frac{2 \times 8,00^2}{8} = 16,00 \text{ KNm} = 1600 \text{ KNcm}$$

$$M = 6024 + 1600 = 7624 \text{ KNcm}$$

$$M_d = 1,4 \times 7624 = 10674 \text{ KNcm}$$

$$M_R = f_c \cdot b_f \cdot h_f \left(d - \frac{h_f}{2} \right)$$

$$M_R = 1,821 \times 60 \times 10 \left(38,5 - \frac{10}{2} \right) = 36602 \text{ KNcm}$$

COMO $M_R > M_d$ LINHA NEUTRA NA MESA

USAR FORMULAS DE FLEXÃO SIMPLES COM BASE $b_f = 60 \text{ cm}$

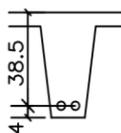
$$K = \frac{M_d}{f_c \cdot b_f \cdot d^2} = \frac{10674}{1,821 \times 60 \times 38,5^2} = 0,07 < K_L = 0,295$$

LOGO $K' = K$

$$A_s = \frac{1,821 \times 60 \times 38,5}{43,50} \left(1 - \sqrt{1 - 2(0,07)} \right) = 7,02 \text{ cm}^2$$

$$2 \text{ } \phi \text{ } 25 \text{ mm}$$

$$A_{s \text{ adot}} = 9,82 \text{ cm}^2$$



$$A_{s \text{ min}} = 0,15\% \times 1138 \text{ cm}^2 = 1,71 \text{ cm}^2$$

Tab.17.3 NBR 6118

POREM $A_s > A_{s \text{ min}}$

MOMENTO DE SERVIÇO:

$$M_{d, \text{serv}} = M_{gk} + \sum \Psi_2 M_{qk}$$

$$M_{d, \text{serv}} = 60,24 + 0,4(16,00) = 66,64 \text{ KNm} = 6664 \text{ KNcm}$$

MOMENTO DE FISSURAÇÃO:

$$M_r = \alpha f_{ct} \frac{I_c}{y_t}$$

$\alpha = 1,2$ PARA SEÇÕES T
 $I_c = 164000 \text{ cm}^4$ (CATALOGO ATEX)
 $y_t = 28,1 \text{ cm}$ (CATALOGO ATEX)
 $f_{ct} = f_{ct,m} = 0,3(f_{ck})^{2/3} = 2,93 \text{ MPa} = 0,293 \text{ KN/cm}^2$

$$M_r = 1,2(0,293) \frac{164000}{28,1} = 2052 \text{ KNcm}$$

COMO

$$M_{d, \text{serv}} > M_r \quad \text{ESTADIO II, SEÇÃO FISSURADA} \quad E_{I_{eq}}$$

$$6664 \text{ KNcm} > 2052 \text{ KNcm}$$

$$\frac{M_r}{M_{d, \text{serv}}} = 0,31 < 0,5 \quad \text{ADOTAR} \quad E_{I_{eq}} = E_{I_{II}}$$

$$E_{cs} = 2668 \text{ KN/m}^2$$

$$n = \frac{E_s}{E_{cs}} = \frac{21000}{2668} = 7,87 \quad A_s' = 0$$

$$A = \frac{1}{b w_{med}} \left[n A_s + n' A_s' + (b_f - b w_{med}) h_f \right]$$

$$A = \frac{1}{16,6} \left[7,87 \times 9,82 + (60 - 16,6) 10 \right] = 30,8$$

$$B = \frac{2}{b w_{med}} \left[n \cdot d \cdot A_s + n' d' A_s' + (b_f - b w_{med}) \frac{h_f^2}{2} \right]$$

$$B = \frac{2}{16,6} \left[7,87 \times 38,5 \times 9,82 + (60 - 16,6) \frac{10^2}{2} \right] = 489$$

$$X_{II} = -A + \sqrt{A^2 + B} = -30,8 + \sqrt{30,8^2 + 489} = 7,12 \text{ cm}$$

$$I_{||} = \frac{1}{3} \left[bf X_{||}^3 - (bf-bw) (X_{||} - hf)^3 \right] + n'As (d-X_{||})^2 + n'As' (X_{||} - d')^2$$

$$I_{||} = \frac{1}{3} \left[60 \times 7,12^3 - (60-16,6) (7,12-10)^3 \right] + 7,87 \times 9,82 (38,5-7,12)^2$$

$$I_{||} = 83666 \text{ cm}^4$$

$$\text{COMO } \frac{Mr}{M_{d, \text{serv}}} = 0,31 < 0,5 \text{ ADOTA-SE } EI_{\text{eq}} = EI_{||}$$

INERCIA DA SEÇÃO FISSURADA

$$EI_{\text{ef}} = E_{\text{cs}} I_{||}$$

$$EI_{\text{ef}} = 2668 \times 83666 = 223\,220\,888 \text{ KNcm}^2$$

FLECHA IMEDIATA

$$p_i = 7,53 + 0,4(2) = 8,33 \text{ KN/m} = 0,0833 \text{ KN/cm}$$

$$f_i = \frac{5 p_i l^4}{384 EI} = \frac{5 \times 0,0833 \times 800^4}{384 \times 223220888} = 1,99 \text{ cm}$$

FLECHA NO TEMPO INFINITO

$$p_{\infty} = 2,46g + \Psi_2 2,46q$$

$$p_{\infty} = 2,46g + 0,4 \times 2,46q$$

$$p_{\infty} = 2,46(7,53) + 0,4 \times 2,46(2,00) = 20,49 \text{ KNm} = 0,20 \text{ KNcm}$$

$$f_{\infty} = \frac{5 p_{\infty} l^4}{384 EI} = \frac{5 \times 0,20 \times 800^4}{384 \times 223220888} = 4,78 \text{ cm}$$

CONTROLE DA DEFORMAÇÃO

$$f_{\text{adm}} = \frac{800}{250} = 3,20 \text{ cm}$$

$$f_{\infty} > f_{\text{adm}} \text{ APLICAR CONTRA FLECHA}$$

LIMITE DA CONTRA-FLECHA

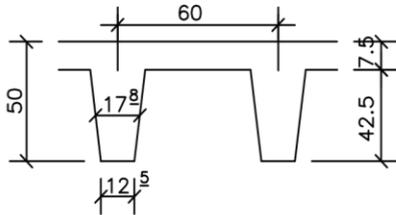
$$\frac{l}{350} = \frac{800}{350} = 2,28 \text{ CM} \text{ ADOTAR } 2 \text{ cm}$$

FLECHA TEMPO INFINITO FINAL

$$f_{\infty \text{ final}} = 4,78 - 2 = 2,78 \text{ cm} < f_{\text{adm}} = 3,20 \text{ cm} \text{ OK!}$$

2a. SOLUÇÃO

FORMA ATEX 600U – ALTURA DA FORMA = 42,5 cm
 ESPESSURA DA MESA = 7,5 cm



p.p. 5,73 KN/m²
 REV 1,00 KN/m²
 PAREDES 1,30 KN/m²
 g = 8,03 KN/m²
 q = 2,00 KN/m²
 g+q = 10,03 KN/m²

ALTURA UTIL:

$$d = 50 - 4 = 46 \text{ cm}$$

$$\text{VAO } l = 800 \text{ cm}$$

MOMENTO:

$$M_g = \frac{8,03 \times 8,00^2}{8} = 60,24 \text{ KNm} = 6024 \text{ KNcm}$$

$$M_q = \frac{2 \times 8,00^2}{8} = 16,00 \text{ KNm} = 1600 \text{ KNcm}$$

$$M = M_g + M_q$$

$$M = 6024 + 1600 = 7624 \text{ KNcm}$$

$$M_d = 1,4 \times 7624 = 10674 \text{ KNcm}$$

$$M_R = f_c \cdot b_f \cdot h_f \left(d - \frac{h_f}{2} \right)$$

$$M_R = 1,821 \times 60 \times 7,5 \left(46 - \frac{7,5}{2} \right) = 34622 \text{ KNcm}$$

COMO $M_R > M_d$ LINHA NEUTRA NA MESA

USAR FORMULAS DE FLEXÃO SIMPLES COM BASE $b_f = 60 \text{ cm}$

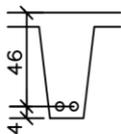
$$K = \frac{M_d}{f_c \cdot b_f \cdot d^2} = \frac{10674}{1,821 \times 60 \times 46^2} = 0,05 < K_L = 0,295$$

LOGO $K' = K$

$$A_s = \frac{1,821 \times 60 \times 46}{43,50} \left(1 - \sqrt{1 - 2(0,05)} \right) = 5,93 \text{ cm}^2$$

2 ϕ 20mm

$$A_{s_{\text{adot}}} = 6,28 \text{ cm}^2$$



$$A_{s_{\text{min}}} = 0,15\% \times 1207 \text{ cm}^2 = 1,81 \text{ cm}^2$$

Tab.17.3 NBR 6118

POREM $A_s > A_{s_{\text{min}}}$

MOMENTO DE SERVIÇO:

$$M_{d, \text{serv}} = M_{gk} + \sum \Psi_2 M_{q_i, k}$$

$$M_{d, \text{serv}} = 60,24 + 0,4(16,00) = 66,64 \text{ KNm} = 6664 \text{ KNcm}$$

MOMENTO DE FISSURAÇÃO:

$$\alpha = 1,2 \text{ PARA SEÇÕES T}$$

$$M_r = \alpha f_{ct} \frac{I_c}{y_t}$$

$$I_c = 249191 \text{ cm}^4 \text{ (CATALOGO ATEX)}$$

$$y_t = 31,9 \text{ cm} \text{ (CATALOGO ATEX)}$$

$$f_{ct} = f_{ct, m} = 0,3(f_{ck})^{2/3} = 2,93 \text{ MPa} = 0,293 \text{ KN/cm}^2$$

$$M_r = 1,2(0,293) \frac{249191}{31,9} = 2747 \text{ KNcm}$$

COMO

$$M_{d, \text{serv}} > M_r \text{ ESTADIO II, SEÇÃO FISSURADA} \quad E_{I_{\text{eq}}}$$

$$6664 \text{ KNcm} > 2747 \text{ KNcm}$$

$$\frac{M_r}{M_{d, \text{serv}}} = 0,41 < 0,5 \text{ ADOTAR} \quad E_{I_{\text{eq}}} = E_{I_{\parallel}}$$

$$E_{cs} = 2668 \text{ KN/m}^2$$

$$n = \frac{E_s}{E_{cs}} = \frac{21000}{2668} = 7,87 \quad A_s' = 0$$

$$A = \frac{1}{b w_{\text{med}}} \left[n A_s + n' A_s' + (b f - b w_{\text{med}}) h f \right]$$

$$A = \frac{1}{17,8} \left[7,87 \times 6,28 + (60 - 17,8) 7,5 \right] = 20,6$$

$$B = \frac{2}{b w_{\text{med}}} \left[n \cdot d \cdot A_s + n' d' A_s' + (b f - b w_{\text{med}}) \frac{h f^2}{2} \right]$$

$$B = \frac{2}{17,8} \left[7,87 \times 46 \times 6,28 + (60 - 17,8) \frac{7,5^2}{2} \right] = 348$$

$$X_{\parallel} = -A + \sqrt{A^2 + B} = -20,6 + \sqrt{20,6^2 + 348} = 7,19 \text{ cm}$$

$$I_{||} = \frac{1}{3} \left[bf X_{||}^3 - (bf-bw) (X_{||} - hf)^3 \right] + n \cdot A_s (d - X_{||})^2 + n' A_s' (X_{||} - d')^2$$

$$I_{||} = \frac{1}{3} \left[60 \times 7,19^3 - (60 - 17,8) (7,19 - 7,5)^3 \right] + 7,87 \times 6,28 (46 - 7,19)^2$$

$$I_{||} = 81883 \text{ cm}^4$$

$$\text{COMO } \frac{M_r}{M_{d, \text{serv}}} = 0,41 < 0,5 \text{ ADOTA-SE } E I_{\text{eq}} = E I_{||}$$

INERCIA DA SEÇÃO FISSURADA

$$E I_{\text{ef}} = E_{cs} I_{||}$$

$$E I_{\text{ef}} = 2668 \times 81883 = 218\,463\,844 \text{ KNcm}^2$$

FLECHA IMEDIATA

$$p_i = 8,03 + 0,4(2) = 8,83 \text{ KN/m} = 0,0883 \text{ KN/cm}$$

$$f_i = \frac{5 p_i l^4}{384 E I} = \frac{5 \times 0,0833 \times 800^4}{384 \times 218463844} = 2,03 \text{ cm}$$

FLECHA NO TEMPO INFINITO

$$p_{\infty} = 2,46g + \Psi_2 2,46q$$

$$p_{\infty} = 2,46g + 0,4 \times 2,46q$$

$$p_{\infty} = 2,46(8,03) + 0,4 \times 2,46(2,00) = 21,72 \text{ KNm} = 0,22 \text{ KNcm}$$

$$f_{\infty} = \frac{5 p_{\infty} l^4}{384 E I} = \frac{5 \times 0,22 \times 800^4}{384 \times 218463844} = 5,37 \text{ cm}$$

CONTROLE DA DEFORMAÇÃO

$$f_{\text{adm}} = \frac{800}{250} = 3,20 \text{ cm}$$

$$f_{\infty} > f_{\text{adm}} \text{ APLICAR CONTRA FLECHA}$$

LIMITE DA CONTRA-FLECHA

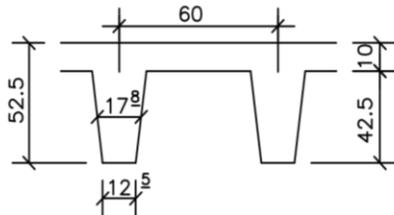
$$\frac{l}{350} = \frac{800}{350} = 2,28 \text{ CM ADOITAR } 2 \text{ cm}$$

FLECHA TEMPO INFINITO FINAL

$$f_{\infty \text{ final}} = 5,37 - 2,00 = 3,37 \text{ cm} > f_{\text{adm}} = 3,20 \text{ cm} \text{ NÃO ATENDE!}$$

3a. SOLUÇÃO

FORMA ATEX 600U – ALTURA DA FORMA = 42,5 cm
 ESPESSURA DA MESA = 10 cm



p.p. 6,35 KN/m²
 REV 1,00 KN/m²
 PAREDES 1,30 KN/m²
 g = 8,65 KN/m²
 q = 2,00 KN/m²
 g+q = 10,65 KN/m²

ALTURA UTIL:

$$d = 52,5 - 4 = 48,5 \text{ cm}$$

$$\text{VAO } l = 800 \text{ cm}$$

MOMENTO:

$$M_g = \frac{8,65 \times 8,00^2}{8} = 69,2 \text{ KNm} = 6920 \text{ KNcm}$$

$$M_q = \frac{2 \times 8,00^2}{8} = 16,00 \text{ KNm} = 1600 \text{ KNcm}$$

$$M = M_g + M_q$$

$$M = 6920 + 1600 = 8520 \text{ KNcm}$$

$$M_d = 1,4 \times 8520 = 11928 \text{ KNcm}$$

$$M_R = f_c \cdot b_f \cdot h_f \left(d - \frac{h_f}{2} \right)$$

$$M_R = 1,821 \times 60 \times 10 \left(48,5 - \frac{10}{2} \right) = 47528 \text{ KNcm}$$

COMO $M_R > M_d$ LINHA NEUTRA NA MESA

USAR FORMULAS DE FLEXÃO SIMPLES COM BASE $b_f = 60 \text{ cm}$

$$K = \frac{M_d}{f_c \cdot b_f \cdot d^2} = \frac{11928}{1,821 \times 60 \times 48,5^2} = 0,05 < K_L = 0,295$$

LOGO $K' = K$

$$A_s = \frac{1,821 \times 60 \times 48,5}{43,50} \left(1 - \sqrt{1 - 2(0,05)} \right) = 6,25 \text{ cm}^2$$

$$2 \text{ } \phi \text{ } 20 \text{ mm}$$

$$A_{s_{\text{adot}}} = 6,28 \text{ cm}^2$$



$$A_{s_{\text{min}}} = 0,15\% \times 1357 \text{ cm}^2 = 2,03 \text{ cm}^2$$

Tab.17.3 NBR 6118

POREM $A_s > A_{s_{\text{min}}}$

MOMENTO DE SERVIÇO:

$$M_{d, \text{serv}} = M_{gk} + \sum \Psi_2 M_{qk}$$

$$M_{d, \text{serv}} = 69,20 + 0,4(16,00) = 75,6 \text{ KNm} = 7560 \text{ KNcm}$$

MOMENTO DE FISSURAÇÃO:

$$M_r = \alpha f_{ct} \frac{I_c}{y_t}$$

$\alpha = 1,2$ PARA SEÇÕES T
 $I_c = 299250 \text{ cm}^4$ (CATALOGO ATEX)
 $y_t = 34 \text{ cm}$ (CATALOGO ATEX)
 $f_{ct} = f_{ct,m} = 0,3(f_{ck})^{2/3} = 2,93 \text{ MPa} = 0,293 \text{ KN/cm}^2$

$$M_r = 1,2(0,293) \frac{299250}{34} = 3095 \text{ KNcm}$$

COMO

$$M_{d, \text{serv}} > M_r \quad \text{ESTADIO II, SEÇÃO FISSURADA} \quad E_{I_{\text{eq}}}$$

$$7560 \text{ KNcm} > 3095 \text{ KNcm}$$

$$\frac{M_r}{M_{d, \text{serv}}} = 0,41 < 0,5 \quad \text{ADOTAR} \quad E_{I_{\text{eq}}} = E_{I_{\parallel}}$$

$$E_{cs} = 2668 \text{ KN/m}^2$$

$$n = \frac{E_s}{E_{cs}} = \frac{21000}{2668} = 7,87 \quad A_{s'} = 0$$

$$A = \frac{1}{b w_{\text{med}}} \left[n \cdot A_s + n' \cdot A_{s'} + (b_f - b w_{\text{med}}) h_f \right]$$

$$A = \frac{1}{17,8} \left[7,87 \times 6,28 + (60 - 17,8) 10 \right] = 26,5$$

$$B = \frac{2}{b w_{\text{med}}} \left[n \cdot d \cdot A_s + n' \cdot d' \cdot A_{s'} + (b_f - b w_{\text{med}}) \frac{h_f^2}{2} \right]$$

$$B = \frac{2}{17,8} \left[7,87 \times 48,5 \times 6,28 + (60 - 17,8) \frac{10^2}{2} \right] = 388$$

$$X_{\parallel} = -A + \sqrt{A^2 + B} = -26,5 + \sqrt{26,5^2 + 388} = 6,52 \text{ cm}$$

$$I_{||} = \frac{1}{3} \left[bf X_{||}^3 - (bf-bw) (X_{||} - hf)^3 \right] + n.As (d-X_{||})^2 + n'As' (X_{||} - d')^2$$

$$I_{||} = \frac{1}{3} \left[60 \times 6,52^3 - (60-17,8) (6,52-10)^3 \right] + 7,87 \times 6,28 (48,5-6,52)^2$$

$$I_{||} = 93236 \text{ cm}^4$$

COMO $\frac{Mr}{M_{d, serv}} = 0,41 < 0,5$ ADOTA-SE $EI_{eq} = EI_{||}$

INERCIA DA SEÇÃO FISSURADA

$$EI_{ef} = E_{cs} I_{||}$$

$$EI_{ef} = 2668 \times 93236 = 248\ 753\ 648 \text{ KNcm}^2$$

FLECHA IMEDIATA

$$p_i = 8,65 + 0,4(2) = 9,45 \text{ KN/m} = 0,0945 \text{ KN/cm}$$

$$f_i = \frac{5 p_i l^4}{384 EI} = \frac{5 \times 0,0945 \times 800^4}{384 \times 248753648} = 2,03 \text{ cm}$$

FLECHA NO TEMPO INFINITO

$$p_{\infty} = 2,46g + \psi_2 2,46q$$

$$p_{\infty} = 2,46g + 0,4 \times 2,46q$$

$$p_{\infty} = 2,46(8,65) + 0,4 \times 2,46(2,00) = 23,25 \text{ KNm} = 0,23 \text{ KNcm}$$

$$f_{\infty} = \frac{5 p_{\infty} l^4}{384 EI} = \frac{5 \times 0,23 \times 800^4}{384 \times 248753648} = 4,93 \text{ cm}$$

CONTROLE DA DEFORMAÇÃO

$$f_{adm} = \frac{800}{250} = 3,20 \text{ cm}$$

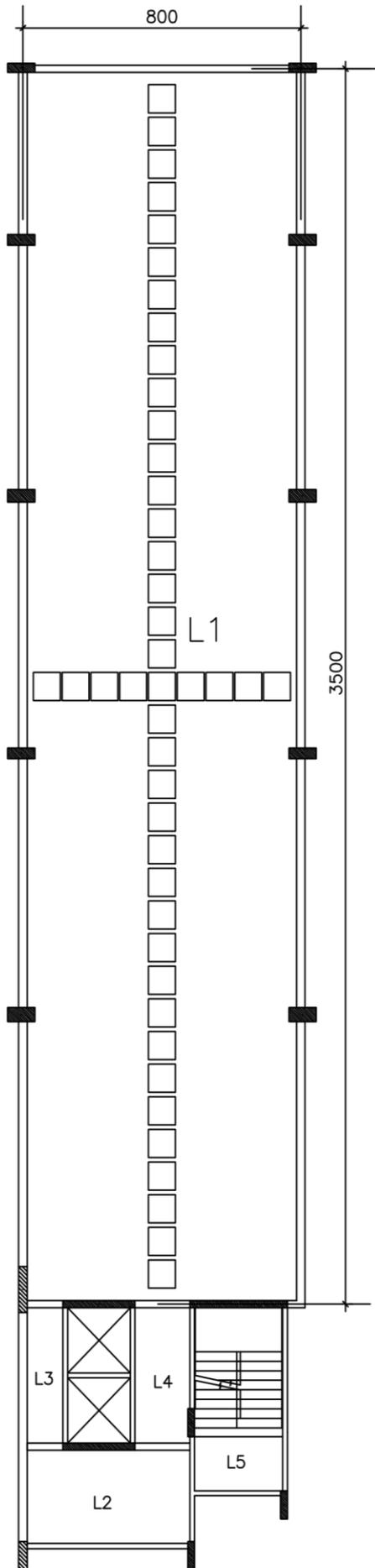
$$f_{\infty} > f_{adm} \text{ APLICAR CONTRA FLECHA}$$

LIMITE DA CONTRA-FLECHA

$$\frac{l}{350} = \frac{800}{350} = 2,28 \text{ CM} \text{ ADOITAR 2 cm}$$

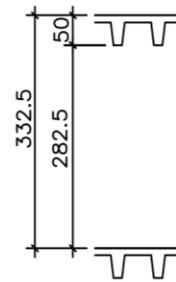
FLECHA TEMPO INFINITO FINAL

$$f_{\infty final} = 4,93 - 2,00 = 2,93 \text{ cm} < f_{adm} = 3,20 \text{ cm} \text{ OK!}$$



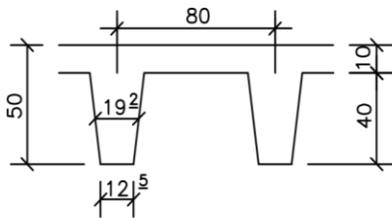
LAJE TIPO
MOLDE ATEX 800U

ELEVAÇÃO



4a. SOLUÇÃO

FORMA ATEX 800U – ALTURA DA FORMA = 40 cm
 ESPESSURA DA MESA = 10 cm



p.p.	4,90 KN/m ²
REV	1,00 KN/m ²
PAREDES	1,30 KN/m ²
g	= 7,20 KN/m ²
q	= 2,00 KN/m ²
g+q	= 9,20 KN/m ²

ALTURA UTIL:

$$d = 50 - 4 = 46 \text{ cm}$$

$$\text{VAO } l = 800 \text{ cm}$$

MOMENTO:

$$M_g = \frac{7,20 \times 8,00^2}{8} = 57,60 \text{ KNm} = 5760 \text{ KNcm}$$

$$M_q = \frac{2 \times 8,00^2}{8} = 16,00 \text{ KNm} = 1600 \text{ KNcm}$$

$$M = M_g + M_q$$

$$M = 5760 + 1600 = 7360 \text{ KNcm}$$

$$M_d = 1,4 \times 7360 = 10304 \text{ KNcm}$$

$$M_R = f_c \cdot b_f \cdot h_f \left(d - \frac{h_f}{2} \right)$$

$$M_R = 1,821 \times 80 \times 10 \left(46 - \frac{10}{2} \right) = 59729 \text{ KNcm}$$

COMO $M_R > M_d$ LINHA NEUTRA NA MESA

USAR FORMULAS DE FLEXÃO SIMPLES COM BASE $b_f = 80 \text{ cm}$

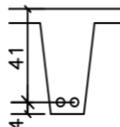
$$K = \frac{M_d}{f_c \cdot b_f \cdot d^2} = \frac{10304}{1,821 \times 80 \times 46^2} = 0,03 < K_L = 0,295$$

LOGO $K' = K$

$$A_s = \frac{1,821 \times 80 \times 46}{43,50} \left(1 - \sqrt{1 - 2(0,03)} \right) = 4,62 \text{ cm}^2$$

$$2 \text{ } \phi \text{ } 20 \text{ mm}$$

$$A_{s_{\text{dot}}} = 6,28 \text{ cm}^2$$



$$A_{s_{\text{min}}} = 0,15\% \times 1566 \text{ cm}^2 = 2,35 \text{ cm}^2$$

Tab.17.3 NBR 6118

POREM $A_s > A_{s_{\text{min}}}$

MOMENTO DE SERVIÇO:

$$M_{d, \text{serv}} = M_{gk} + \sum \Psi_2 M_{qk}$$

$$M_{d, \text{serv}} = 57,60 + 0,4(16,00) = 64 \text{ KNm} = 6400 \text{ KNcm}$$

MOMENTO DE FISSURAÇÃO:

$$M_r = \alpha f_{ct} \frac{I_c}{y_t}$$

$\alpha = 1,2$ PARA SEÇÕES T
 $I_c = 306124 \text{ cm}^4$ (CATALOGO ATEX)
 $y_t = 33,9 \text{ cm}$ (CATALOGO ATEX)
 $f_{ct} = f_{ct,m} = 0,3(f_{ck})^{2/3} = 2,93 \text{ MPa} = 0,293 \text{ KN/cm}^2$

$$M_r = 1,2(0,293) \frac{306124}{33,9} = 3175 \text{ KNcm}$$

COMO

$$M_{d, \text{serv}} > M_r \text{ ESTADIO II, SEÇÃO FISSURADA} \quad E_{I_{\text{eq}}}$$

$$6400 \text{ KNcm} > 3175 \text{ KNcm}$$

CALCULO DA FLECHA:

$$\frac{M_r}{M_{d, \text{serv}}} = 0,5 = 0,5 \text{ ADOTAR} \quad E_{I_{\text{eq}}} = E_{I_{\parallel}}$$

$$E_{cs} = 2668 \text{ KN/m}^2$$

$$n = \frac{E_s}{E_{cs}} = \frac{21000}{2668} = 7,87 \quad A_{s'} = 0$$

$$A = \frac{1}{b w_{\text{med}}} \left[n A_s + n' A_{s'} + (b f - b w_{\text{med}}) h f \right]$$

$$A = \frac{1}{19,2} \left[7,87 \times 6,28 + (80 - 19,2) 10 \right] = 34,24$$

$$B = \frac{2}{b w_{\text{med}}} \left[n \cdot d \cdot A_s + n' d' A_{s'} + (b f - b w_{\text{med}}) \frac{h f^2}{2} \right]$$

$$B = \frac{2}{19,2} \left[7,87 \times 46 \times 6,28 + (80 - 19,2) \frac{10^2}{2} \right] = 395$$

$$X_{\parallel} = -A + \sqrt{A^2 + B} = -34,24 + \sqrt{34,24^2 + 395} = 5,35 \text{ cm}$$

$$I_{II} = \frac{1}{3} \left[bf X_{II}^3 - (bf-bw) (X_{II} - hf)^3 \right] + nAs (d-X_{II})^2 + n'As' (X_{II} - d')^2$$

$$I_{II} = \frac{1}{3} \left[80 \times 5,35^3 - (80-19,2) (5,35 - 10)^3 \right] + 7,87 \times 6,28 (46-5,35)^2$$

$$I_{II} = 88427 \text{ cm}^4$$

COMO $\frac{M_r}{M_{d, \text{serv}}} = 0,5$ ADOTA-SE $EI_{eq} = EI_{II}$

INERCIA DA SEÇÃO FISSURADA

$$EI_{ef} = E_{cs} I_{II}$$

$$EI_{ef} = 2668 \times 88427 = 235\ 923\ 236 \text{ KNcm}^2$$

FLECHA IMEDIATA

$$p_i = 7,20 + 0,4(2) = 8,00 \text{ KN/m} = 0,08 \text{ KN/cm}$$

$$f_i = \frac{5p_i l^4}{384EI} = \frac{5 \times 0,08 \times 800^4}{384 \times 235923236} = 1,81 \text{ cm}$$

FLECHA NO TEMPO INFINITO

$$p_{\infty} = 2,46g + \psi_2 2,46q$$

$$p_{\infty} = 2,46g + 0,4 \times 2,46q$$

$$p_{\infty} = 2,46(7,20) + 0,4 \times 2,46(2,00) = 19,68 \text{ KNm} = 0,1968 \text{ KNcm}$$

$$f_{\infty} = \frac{5p_{\infty} l^4}{384EI} = \frac{5 \times 0,1968 \times 800^4}{384 \times 235923236} = 4,45 \text{ cm}$$

CONTROLE DA DEFORMAÇÃO

$$f_{adm} = \frac{800}{250} = 3,20 \text{ cm}$$

$$f_{\infty} > f_{adm} \text{ APLICAR CONTRA FLECHA}$$

LIMITE DA CONTRA-FLECHA

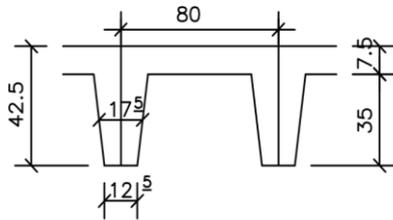
$$\frac{l}{350} = \frac{800}{350} = 2,28 \text{ cm}$$

FLECHA TEMPO INFINITO FINAL

$$f_{\infty \text{ final}} = 4,45 - 2,00 = 2,45 \text{ cm} < f_{adm} = 3,20 \text{ cm} \text{ OK!}$$

5a. SOLUÇÃO

FORMA ATEX 800U – ALTURA DA FORMA = 35 cm
 ESPESSURA DA MESA = 7,5 cm



p.p. 3,80 KN/m²
 REV 1,00 KN/m²
 PAREDES 1,30 KN/m²
 g = 6,10 KN/m²
 q = 2,00 KN/m²
 g+q = 8,10 KN/m²

ALTURA UTIL:

$$d = 42,5 - 4 = 38,5 \text{ cm}$$

$$\text{VAO } l = 800 \text{ cm}$$

MOMENTO:

$$M_g = \frac{6,10 \times 8,00^2}{8} = 48,8 \text{ KNm} = 4880 \text{ KNcm}$$

$$M_q = \frac{2 \times 8,00^2}{8} = 16,00 \text{ KNm} = 1600 \text{ KNcm}$$

$$M = M_g + M_q$$

$$M = 4880 + 1600 = 6480 \text{ KNcm}$$

$$M_d = 1,4 \times 6480 = 9072 \text{ KNcm}$$

$$M_R = f_c \cdot b_f \cdot h_f \left(d - \frac{h_f}{2} \right)$$

$$M_R = 1,821 \times 80 \times 7,5 \left(38,5 - \frac{7,5}{2} \right) = 37968 \text{ KNcm}$$

COMO $M_R > M_d$ LINHA NEUTRA NA MESA

USAR FORMULAS DE FLEXÃO SIMPLES COM BASE $b_f = 80 \text{ cm}$

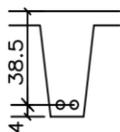
$$K = \frac{M_d}{f_c \cdot b_f \cdot d^2} = \frac{9072}{1,821 \times 80 \times 38,5^2} = 0,04 < K_L = 0,295$$

LOGO $K' = K$

$$A_s = \frac{1,821 \times 80 \times 38,5}{43,50} \left(1 - \sqrt{1 - 2(0,04)} \right) = 5,26 \text{ cm}^2$$

2 ϕ 20mm

$$A_{s_{\text{adot}}} = 6,28 \text{ cm}^2$$



$$A_{s_{\text{min}}} = 0,15\% \times 1213 \text{ cm}^2 = 1,82 \text{ cm}^2$$

Tab.17.3 NBR 6118

POREM $A_s > A_{s_{\text{min}}}$

MOMENTO DE SERVIÇO:

$$M_{d, \text{serv}} = M_{gk} + \sum \Psi_2 M_{qk}$$

$$M_{d, \text{serv}} = 48,8 + 0,4(16,00) = 55,2 \text{ KNm} = 5520 \text{ KNcm}$$

MOMENTO DE FISSURAÇÃO:

$$M_r = \alpha f_{ct} \frac{I_c}{y_t}$$

$\alpha = 1,2$ PARA SEÇÕES T
 $I_c = 179875 \text{ cm}^4$ (CATALOGO ATEX)
 $y_t = 28,9 \text{ cm}$ (CATALOGO ATEX)
 $f_{ct} = f_{ct,m} = 0,3(f_{ck})^{2/3} = 2,93 \text{ MPa} = 0,293 \text{ KN/cm}^2$

$$M_r = 1,2(0,293) \frac{179875}{28,9} = 2188 \text{ KNcm}$$

COMO

$$M_{d, \text{serv}} > M_r \quad \text{ESTADIO II, SEÇÃO FISSURADA} \quad EI_{\text{eq}}$$

$$5520 \text{ KNcm} > 2188 \text{ KNcm}$$

CALCULO DA FLECHA:

$$\frac{M_r}{M_{d, \text{serv}}} = 0,40 < 0,5 \quad \text{ADOTAR} \quad EI_{\text{eq}} = EI_{\text{II}}$$

$$E_{cs} = 2668 \text{ KN/m}^2$$

$$n = \frac{E_s}{E_{cs}} = \frac{21000}{2668} = 7,87 \quad A_s' = 0$$

$$A = \frac{1}{b w_{\text{med}}} \left[n A_s + n' A_s' + (b_f - b w_{\text{med}}) h_f \right]$$

$$A = \frac{1}{17,5} \left[7,87 \times 6,28 + (80 - 17,5) 7,5 \right] = 29,61$$

$$B = \frac{2}{b w_{\text{med}}} \left[n \cdot d \cdot A_s + n' d' A_s' + (b_f - b w_{\text{med}}) \frac{h_f^2}{2} \right]$$

$$B = \frac{2}{17,5} \left[7,87 \times 37,5 \times 6,28 + (80 - 17,5) \frac{7,5^2}{2} \right] = 312,26$$

$$X_{\text{II}} = -A + \sqrt{A^2 + B} = -29,61 + \sqrt{29,61^2 + 312,26} = 4,87 \text{ cm}$$

$$I_{||} = \frac{1}{3} \left[bf X_{||}^3 - (bf-bw) (X_{||} - hf)^3 \right] + nAs (d-X_{||})^2 + n'As' (X_{||} - d')^2$$

$$I_{||} = \frac{1}{3} \left[80 \times 4,87^3 - (80-17,5) (4,87-7,5)^3 \right] + 7,87 \times 6,28 (38,5-4,87)^2$$

$$I_{||} = 59356 \text{ cm}^4$$

COMO $\frac{M_r}{M_{d, \text{serv}}} = 0,40 < 0,5$ ADOTA-SE $EI_{\text{eq}} = EI_{||}$

INERCIA DA SEÇÃO FISSURADA

$$EI_{\text{ef}} = E_{\text{cs}} I_{||}$$

$$EI_{\text{ef}} = 2668 \times 59356 = 158\ 361\ 808 \text{ KNcm}^2$$

FLECHA IMEDIATA

$$p_i = 6,10 + 0,4(2) = 6,9 \text{ KN/m} = 0,07 \text{ KN/cm}$$

$$f_i = \frac{5 p_i l^4}{384 EI} = \frac{5 \times 0,07 \times 800^4}{384 \times 158361808} = 2,35 \text{ cm}$$

FLECHA NO TEMPO INFINITO

$$p_{\infty} = 2,46g + \psi_2 2,46q$$

$$p_{\infty} = 2,46g + 0,4 \times 2,46q$$

$$p_{\infty} = 2,46(6,10) + 0,4 \times 2,46(2,00) = 16,97 \text{ KNm} = 0,1697 \text{ KNcm}$$

$$f_{\infty} = \frac{5 p_{\infty} l^4}{384 EI} = \frac{5 \times 0,1697 \times 800^4}{384 \times 158361808} = 5,72 \text{ cm}$$

CONTROLE DA DEFORMAÇÃO

$$f_{\text{adm}} = \frac{800}{250} = 3,20 \text{ cm}$$

$$f_{\infty} > f_{\text{adm}} \quad \text{APLICAR CONTRA FLECHA}$$

LIMITE DA CONTRA-FLECHA

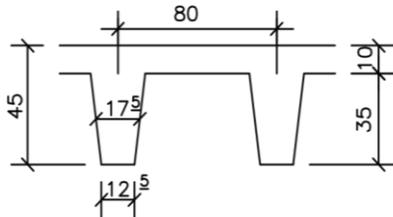
$$\frac{l}{350} = \frac{800}{350} = 2,28 \text{ cm}$$

FLECHA TEMPO INFINITO FINAL

$$f_{\infty \text{ final}} = 5,72 - 2,00 = 3,72 \text{ cm} > f_{\text{adm}} = 3,20 \text{ cm} \quad \text{NÃO ATENDE!}$$

6a. SOLUÇÃO

FORMA ATEX 800U – ALTURA DA FORMA = 35 cm
 ESPESSURA DA MESA = 10 cm



p.p. 4,43 KN/m²
 REV 1,00 KN/m²
 PAREDES 1,30 KN/m²
 $g = 6,73 \text{ KN/m}^2$
 $q = 2,00 \text{ KN/m}^2$
 $g+q = 8,73 \text{ KN/m}^2$

ALTURA UTIL:

$$d = 45 - 4 = 41 \text{ cm}$$

$$\text{VAO } l = 800 \text{ cm}$$

MOMENTO:

$$M_g = \frac{6,73 \times 8,00^2}{8} = 53,84 \text{ KNm} = 5384 \text{ KNcm}$$

$$M_q = \frac{2 \times 8,00^2}{8} = 16,00 \text{ KNm} = 1600 \text{ KNcm}$$

$$M = M_g + M_q$$

$$M = 5384 + 1600 = 6984 \text{ KNcm}$$

$$M_d = 1,4 \times 6984 = 9778 \text{ KNcm}$$

$$M_R = f_c \cdot b_f \cdot h_f \left(d - \frac{h_f}{2} \right)$$

$$M_R = 1,821 \times 80 \times 10 \left(41 - \frac{10}{2} \right) = 52445 \text{ KNcm}$$

COMO $M_R > M_d$ LINHA NEUTRA NA MESA

USAR FORMULAS DE FLEXÃO SIMPLES COM BASE $b_f = 80 \text{ cm}$

$$K = \frac{M_d}{f_c \cdot b_f \cdot d^2} = \frac{9778}{1,821 \times 80 \times 41^2} = 0,04 < K_L = 0,295$$

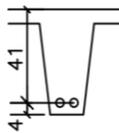
LOGO $K' = K$

.040833695

$$A_s = \frac{1,821 \times 80 \times 41}{43,50} \left(1 - \sqrt{1 - 2(0,04)} \right) = 5,61 \text{ cm}^2$$

2 ϕ 20mm

$$A_{s_{\text{adot}}} = 6,28 \text{ cm}^2$$



$$A_{s_{\text{min}}} = 0,15\% \times 1413 \text{ cm}^2 = 2,12 \text{ cm}^2$$

Tab.17.3 NBR 6118

POREM $A_s > A_{s_{\text{min}}}$

MOMENTO DE SERVIÇO:

$$M_{d, \text{serv}} = M_{gk} + \sum \Psi_2 M_{q_i, k}$$

$$M_{d, \text{serv}} = 53,84 + 0,4(16,00) = 60,24 \text{ KNm} = 6024 \text{ KNcm}$$

MOMENTO DE FISSURAÇÃO:

$$M_r = \alpha f_{ct} \frac{I_c}{y_t}$$

$\alpha = 1,2$ PARA SEÇÕES T
 $I_c = 218056 \text{ cm}^4$ (CATALOGO ATEX)
 $y_t = 31 \text{ cm}$ (CATALOGO ATEX)
 $f_{ct} = f_{ct, m} = 0,3(f_{ck})^{2/3} = 2,93 \text{ MPa} = 0,293 \text{ KN/cm}^2$

$$M_r = 1,2(0,293) \frac{218056}{31} = 2473 \text{ KNcm}$$

COMO

$$M_{d, \text{serv}} > M_r \quad \text{ESTADIO II, SEÇÃO FISSURADA} \quad E_{I_{\text{eq}}}$$

$$6024 \text{ KNcm} > 2473 \text{ KNcm}$$

CALCULO DA FLECHA:

$$\frac{M_r}{M_{d, \text{serv}}} = 0,41 < 0,5 \quad \text{ADOTAR} \quad E_{I_{\text{eq}}} = E_{I_{\parallel}}$$

$$E_{cs} = 2668 \text{ KN/m}^2$$

$$n = \frac{E_s}{E_{cs}} = \frac{21000}{2668} = 7,87 \quad A_{s'} = 0$$

$$A = \frac{1}{b_{w_{\text{med}}}} \left[n \cdot A_s + n' \cancel{A_{s'}} + (b_f - b_{w_{\text{med}}}) h_f \right]$$

$$A = \frac{1}{17,5} \left[7,87 \times 6,28 + (80 - 17,5) 10 \right] = 38,54$$

$$B = \frac{2}{b_{w_{\text{med}}}} \left[n \cdot d \cdot A_s + n' \cancel{d' A_{s'}} + (b_f - b_{w_{\text{med}}}) \frac{h_f^2}{2} \right]$$

$$B = \frac{2}{17,5} \left[7,87 \times 41 \times 6,28 + (80 - 17,5) \frac{10^2}{2} \right] = 410$$

$$X_{\parallel} = -A + \sqrt{A^2 + B} = -38,54 + \sqrt{38,54^2 + 410} = 5 \text{ cm}$$

$$I_{||} = \frac{1}{3} \left[bf X_{||}^3 - (bf-bw) (X_{||} - hf)^3 \right] + n.As (d-X_{||})^2 + n'As' (X_{||} - d')^2$$

$$I_{||} = \frac{1}{3} \left[80 \times 5^3 - (80-17,5) (5 - 10)^3 \right] + 7,87 \times 6,28 (41-5)^2$$

$$I_{||} = 70714 \text{ cm}^4$$

$$\text{COMO } \frac{M_r}{M_{d, \text{serv}}} = 0,41 < 0,5 \text{ ADOTA-SE } EI_{\text{eq}} = EI_{||}$$

INERCIA DA SEÇÃO FISSURADA

$$EI_{\text{ef}} = E_{\text{cs}} I_{||}$$

$$EI_{\text{ef}} = 2668 \times 70714 = 188\ 664\ 952 \text{ KNcm}^2$$

FLECHA IMEDIATA

$$p_i = 6,73 + 0,4(2) = 7,53 \text{ KN/m} = 0,0753 \text{ KN/cm}$$

$$f_i = \frac{5 p_i l^4}{384 EI} = \frac{5 \times 0,0753 \times 800^4}{384 \times 188664952} = 2,13 \text{ cm}$$

FLECHA NO TEMPO INFINITO

$$p_{\infty} = 2,46g + \psi_2 2,46q$$

$$p_{\infty} = 2,46g + 0,4 \times 2,46q$$

$$p_{\infty} = 2,46(6,73) + 0,4 \times 2,46(2,00) = 18,52 \text{ KNm} = 0,185 \text{ KNcm}$$

$$f_{\infty} = \frac{5 p_{\infty} l^4}{384 EI} = \frac{5 \times 0,185 \times 800^4}{384 \times 188664952} = 5,23 \text{ cm}$$

CONTROLE DA DEFORMAÇÃO

$$f_{\text{adm}} = \frac{800}{250} = 3,20 \text{ cm}$$

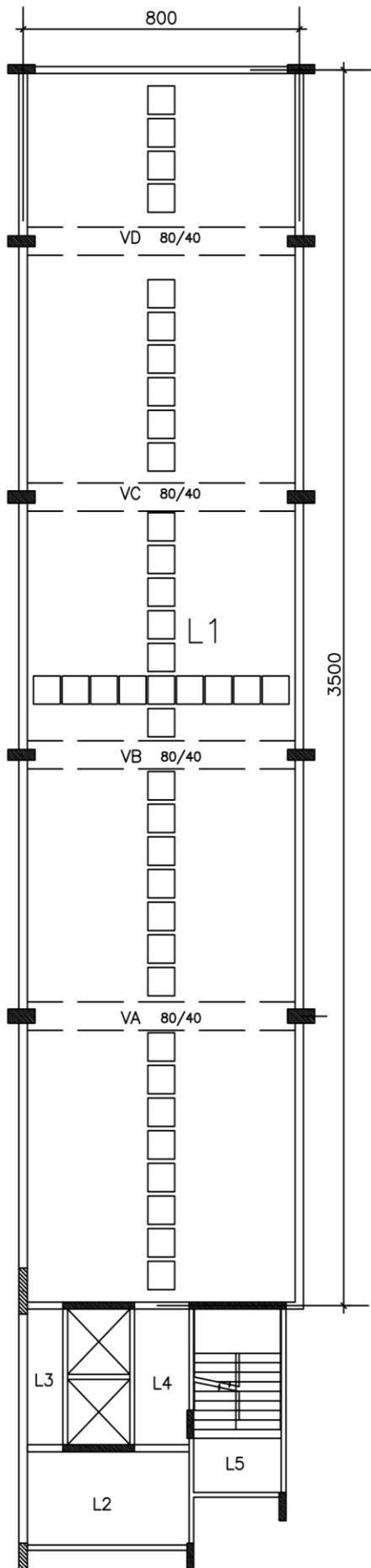
$$f_{\infty} > f_{\text{adm}} \text{ APLICAR CONTRA FLECHA}$$

LIMITE DA CONTRA-FLECHA

$$\frac{l}{350} = \frac{800}{350} = 2,28 \text{ cm} \text{ ADOITAR } 2 \text{ cm}$$

FLECHA TEMPO INFINITO FINAL

$$f_{\infty \text{ final}} = 5,23 - 2,00 = 3,23 \text{ cm} \cong f_{\text{adm}} = 3,20 \text{ cm} \text{ OK!}$$



7a. SOLUÇÃO

INTRODUÇÃO DE VIGAS-FAIXAS

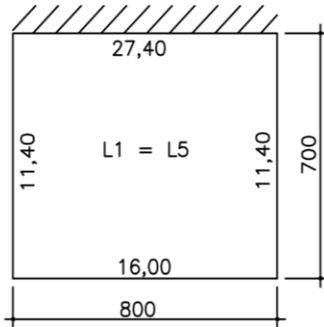
LAJE TIPO

MOLDE ATEX 800

7a. SOLUÇÃO COM VIGAS FAIXAS 80x40

CALCULO ATRAVES DO PROGRAMA TQS

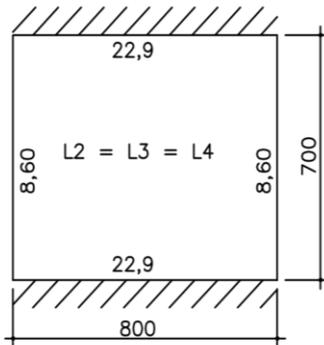
REAÇÃO DAS LAJES:



p.p.	5,23 KN/m ²
REV	1,00 KN/m ²
PAREDES	1,37 KN/m ²
g = 7,60 KN/m ²	
q = 2,00 KN/m ²	
g+q = 9,60 KN/m ²	

$$\text{flecha}_{\text{LAJE}} = 1,25 \text{ cm}$$

$$f_{\text{adm}} = \frac{800}{250} = 3,2 \text{ cm}$$



CALCULO DAS VIGAS FAIXAS

VA 80x40

$$M = 41,4 \text{ tf} \quad A_s = 40,36 \text{ cm}^2 = 8 \phi 25$$

$$\text{flecha} = 4,8 > 2,5 \text{ adm N\~{A}O PASSA}$$

FLECHA FINAL:

$$f_{\text{final}} = f_L + f_V$$

$$f_{\text{final}} = 1,25 + 4,8 = 6,05$$

CONCLUIMOS QUE A VIGA FAIXA N\~{A}O AJUDA A MELHOR ALTURA E NEM A FLECHA.

4 – QUADRO COMPARATIVO

	ALTURA MESA	h_{tot} (cm)	pp KN/m ²	As cm ²	Ic cm ⁴	X_{II}	I_{II}	f_{∞} cm
ATEX600U	10cm	42,5	5,23	9,82	164000	7,12	83666	4,78
ATEX600U	7,5cm	50,0	5,73	6,28	249191	7,19	81883	5,37 NAO ATENDE
ATEX600U	10cm	52,5	6,35	6,28	299250	6,52	93236	4,93
ATEX800U	10cm	50,0	4,90	6,28	306124	5,35	88427	4,45
ATEX800U	7,5cm	42,5	3,80	6,28	179875	4,87	59356	5,72 NAO ATENDE
ATEX800U	10cm	45,0	4,43	6,28	218056	5,00	70714	5,23

5 – CONCLUSÃO

NO CASO DE SE USAR O MOLDE ATEX 600 U CONCLUIMOS QUE:
A SOLUÇÃO COM ALTURA TOTAL 42,5 cm, ONDE A MESA = 10 cm
SERÁ A OPÇÃO QUE MELHOR ATENDE, VISTO QUE AUMENTAR A ALTURA TOTAL
NÃO DIMINUI A FLECHA.

NO CASO DE SE USAR O MOLDE ATEX 800 U CONCLUIMOS QUE:
SOMENTE A SOLUÇÃO COM ALTURA TOTAL 50 cm, ONDE A MESA = 10 cm
ATENDERÁ A FLECHA ADMISSIVEL.

AS SOLUÇÕES COM ALTURA DE MESA = 7,5 cm NÃO ATENDEM AS FLECHAS

A SOLUÇÃO COM A VIGA FAIXA NÃO AJUDA MELHORAR A ALTURA E
NEM A FLECHA.

6 – BIBLIOGRAFIAS

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